

**Positive People Partners & Center Of Unconditional Love**  
**[www.unconditionallovelive.com](http://www.unconditionallovelive.com) - 419-533-4191 - [bobmoy@wcnnet.org](mailto:bobmoy@wcnnet.org)**  
**4203 County Rd. U4 - Liberty Center, Ohio 43532**

## **7<sup>th</sup> National Forgiveness Day - Oct. 27 - 2012**

**Mission** - The mission of National Forgiveness Day is to encourage people to ask for forgiveness and to forgive one another while creating an awareness and understanding of the power of love, the joy of forgiveness, and the peace of humility in the hearts of God's people.

**Purpose** - To be like Jesus to everyone we meet and to see Jesus inside of everyone we meet.

**Objective** - To distribute forgiveness information and copies of the "Be Healthy - Be Wellthy - Be Wise" health care plan to as many people as possible in as many ways as possible by e-mails, e-newsletters, publications, and social networking.

**Goal** - To do the will of God each day and to love one another as God loves us. Please share this message with as many people as possible. Please visit our web site, sign up as a special friend, ask for help if needed, download the "Be Healthy" plan, and tell us how many people you reached.

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**PRAYER OF FORGIVENESS** - Please forgive them. Help me to forgive them. Please forgive me. Help me to forgive myself. Please remove my bitterness and unforgiveness. Please restore my joy. Thank you. Amen!

### **BE HEALTHY - BE WELLTHY - BE WISE PLAN OF ACTION**

Declare the day a joyful day. Speak the truth with love. Ask good questions. Listen with understanding. Think in silence. Do not give permission for anger and hurt to take away your joy. Restore relationships by asking what you can do to make the relationship better.

Ask for forgiveness and forgive others.

Stop having to be right, finding fault, trying to control things you cannot control, and being selfish. Break bad habits and addictions and distress by saying "I want to stop. I can't stop. Take away my desire."

Use your 7 super powers. You have the power to control attitude, honesty, communications, love, encouragement, forgiveness and being humble and admitting shortcomings. Say these 21 wonderful words as often as possible: I'm wrong. I'm sorry. Forgive me. Thank you. You're welcome. Please. What is your opinion? I love you. Yes dear. We is the most important word. We were made in the image of God. Know that the power of love and the joy of forgiveness exists inside of you. Love to all. Amen.